

# Episode 8: Life's a Picnic!



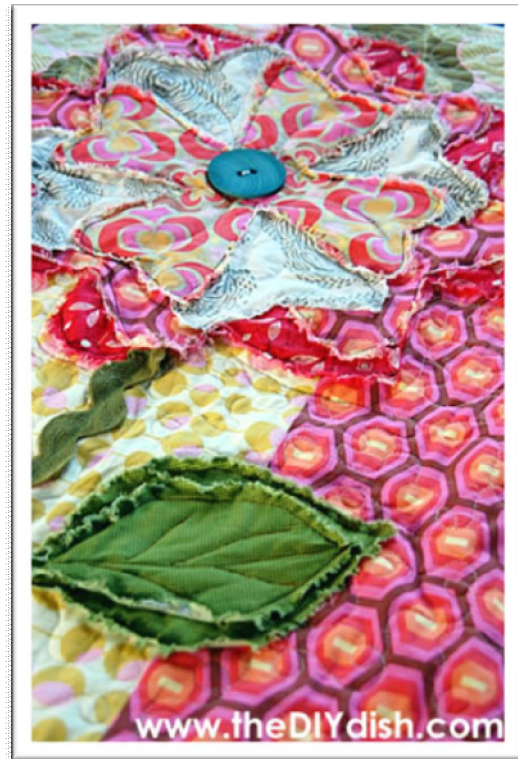
## How to Make a Picnic Quilt & Placemats

### Materials Needed:

- 1 yard – fabric 1 (blocks & placemat)
- 1 yard – fabric 2 (blocks & placemat)
- 1 yard – fabric 3 (blocks & placemat)
- 1 yard – fabric 4 (blocks & placemat)
- 1 yard – fabric 5 (outside border)

Note: You will have enough fabric remaining for your appliques (optional), a pieced binding, and 4 placemats.

- 3 yards fabric for the "back" of quilt
- Batting
- 2 yards jumbo rick-rack (optional)
- ½ yard oilcloth (placemats)
- 4 yards ribbon (placemats)
- Temporary spray adhesive

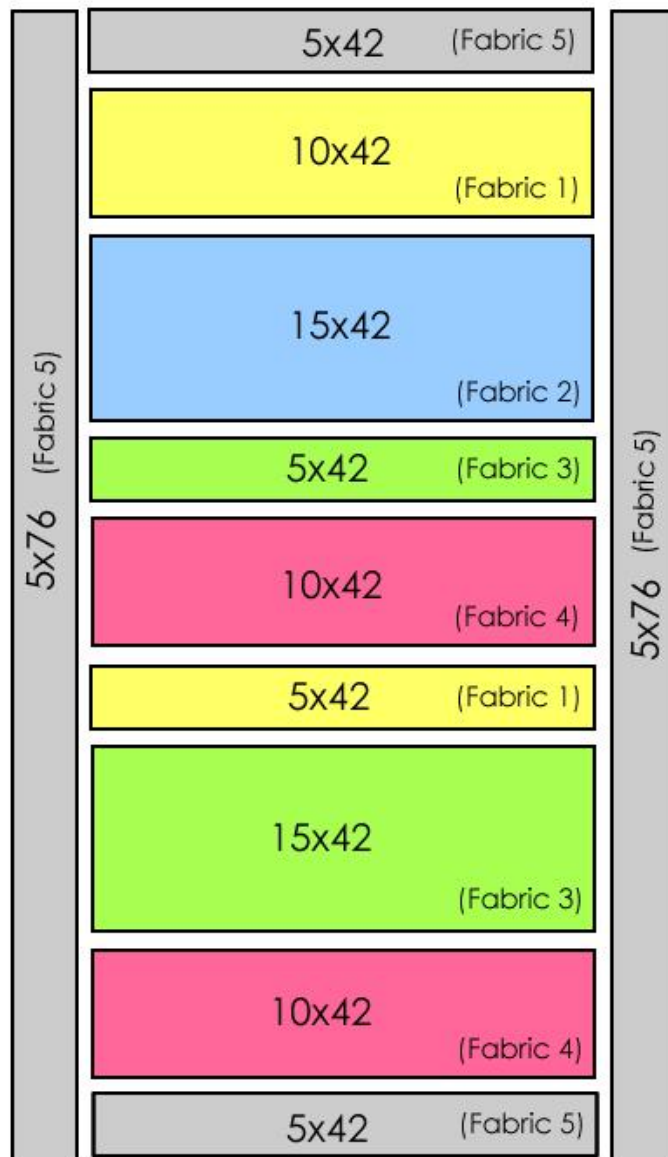


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## Cut the Following:



*This quilt looks great with or without the frayed appliques – even with or without a final border!*

*We used Amy Butler's Midwest Modern in the first quilt. In the 2<sup>nd</sup> quilt, we used Michael Miller's Hedgehog and Ta Dot line.*

## Instructions:

1. From the 5 main fabrics, cut strips according to diagram.
2. Right sides together, sew 42" length strips using a  $\frac{1}{4}$ " seam allowance.
3. Press seams to one side.
4. Complete quilt top by sewing the 5x76" strips to each side. **Note:** In order to get a 76" length, you will need to sew 2 strips together first, then measure to 76".
5. Press all seams. If you are adding frayed appliqué and jumbo rick-rack to your quilt top, now is the time to do so.



## Extra Notes about the Picnic Quilt:

- If you'd like to create the flower "frayed" appliqués, you can download the pattern we did in our guest spot on Studio5 TV. It is found here:  
[http://www.thediydish.com/promo/theDIYdish\\_GuestSpot\\_FrayedApplique.pdf](http://www.thediydish.com/promo/theDIYdish_GuestSpot_FrayedApplique.pdf)  
To complete the "frayed appliqué" technique, watch our 6-minute video here:  
<http://www.thediydish.com/2010/05/guest-spot-on-studio-5-frayed-applique-projects/>
- We sewed a straight line down the middle of 1 yard of jumbo rick-rack to add the stem to the quilt top. The leaf was created with a random cut out of green fabric.
- In order to have enough fabric for the backing, you'll want to cut your 3 yards of fabric into two, 1.5 yards and then sew together.
- Come back for our "2<sup>nd</sup> helping" at [www.theDIYdish.com](http://www.theDIYdish.com) (the blog) to find tips and options for putting the quilt together. We'll also show you how to bind the quilt. **If you've never done this before, no problem! We'll show you how easy it can be!**

## Make the Coordinating Placemats!

One thing we really wanted to do was to show a very easy way of completing an entire gift set!

From your remaining fabric, you will have enough to make 4 (or more, depending if you are using the fabric for appliqués) placemats.

**Note:** You will also need ½ yard of oil cloth and 4 yards of ribbon (for placemats) as noted in the materials list.

## Cut the Following:

- ✓ From oilcloth: (4) 10x15" blocks  
(8) 2x6" blocks
- ✓ From fabric: (4) 12x17" blocks

**Video instructions for making the placemats, as well as the faux "picnic basket" are found in Episode 8 of "The DIY Dish."**





# Additional Photos of the Picnic Quilt!

